

## SEPT 26-29TH, 2024 FOUR SEASONS WHISTLER RESORT

## ELEVATE YOUR PRACTICE & MIND PURE HOT YOGA'S FALL WELLNESS RETREAT

Explore & play in the beautiful outdoors of Whistler, BC with opportunities to try new adventures. Achieve new levels of strength, flexibility and connection between body and mind through yoga and movement.

Unwind, let go & connect to leave this retreat elevated & renewed!

## **PRICING INCLUDES**

- 2 Yoga teachers (Michelle & Kristine)
- Airfare & transportation included in 1 of the pkgs
- All 3 breakfasts
- Morning sunrise yoga or movement practice
- Afternoon activities
- Early evening movement or yoga practice
- One dinner included
- Welcome gift







## **SPACE IS LIMITED**

Please Email kristine@purehotyoga for pricing and to hold your spot.